

PRIMARY PRACTICUM IN RATIONAL EMOTIVE AND COGNITIVE BEHAVIOUR THERAPY.

11-13 March 2011

Lagoon Beach Hotel, Milnerton, Cape Town

Dear Delegate,

With just less than one month remaining before the Primary Practicum in Rational Emotive and Cognitive Behaviour Therapy in Cape Town, we would like to bring the following important information to your attention.

We have posted the final and revised daily program on our website. Please use this as the official program and note that we are starting and finishing 15 minutes later than previously advertised. We have also posted a link to a map of the Lagoon Beach Hotel on the website for those that require it. Please click on the Primary Practicum advertisement on our home page to access these links at www.cognitive-behaviour-therapy.co.za

Delegates should please report for registration at the venue within the hotel by 08:15 on Friday the 11th March 2011. The first morning session will commence strictly at 08:45.

The first and second days will end strictly at 19:15. The afternoon sessions will consist solely of supervision within small groups and early departure will unfortunately not be permitted. Please make the necessary arrangements and be prepared in this regard.

The practicum will end at 16:45 on day three, Sunday, March 13th.

The prescribed text for the practicum is:

Walen, S.R., DiGiuseppe R., & Dryden, W. (1992). A practitioners guide to rational emotive therapy (2nd ed). New York: Oxford University Press.

As advertised, the practicum will consist of theoretical seminars on clinical issue and special topics during the morning, followed by supervision sessions throughout the afternoon. Please be prepared to conduct peer counseling during supervision where you will also be required to present real life problems. In this regard, delegates are requested to prepare at least 4 examples of a personal experience which was associated with significant emotional distress. Further information in this regard will be provided during the second session of the practicum, prior to supervision.

Please feel free to contact our practice secretary, Mrs. Mariska Viljoen for any further enquiries (021 5587198). Please also inform Mrs. Viljoen of any specific dietary requirements by the 4th March 2011 at the latest.

We look forward to seeing you all in Cape Town on the 11th for what we believe will be an intensive and exceptionally rewarding experience.

Best wishes,

Bradley Drake and Jaco Rossouw.

