
THE UNIFIED PROTOCOL FOR THE TRANSDIAGNOSTIC TREATMENT OF ANXIETY DISORDERS

J. ROSSOUW & B. DRAKE

REFERENCES

- Allen, L.B., White, K.S., Barlow, D.H., Shear, K.M., Gorman, J.M., & Woods, S.W. (2010) Cognitive-behavioral therapy (CBT) for panic disorder: Relationship of anxiety and depression comorbidity with treatment outcome. *Journal of Psychopathology and Behavioral Assessment*, 32(2), 185-192
- Kessler, R.C., Nelson, C.B., McGonagle, K.A., Lui, J., Swartz, M., & Blazer, D.G. (1996). Comorbidity of DSM-III-R major depressive disorder in the general population: Results from the National Comorbidity Survey, *British Journal of Psychiatry*, 168, 17-30
- Kessler, R.C., Stang, P.E., Wittchen, H.U., Ustun, T.b., Roy-Byrne, P.P. & Walters, E.E. (1998) Lifetime panic-depression comorbidity in the National Comorbidity Survey. *Archives of General Psychiatry*, 55, 801-808
- Kessler, R.C., Berglund, P., Demler, O. (2003). The epidemiology of major depressive disorder: Results from the National Comorbidity Survey Replication (NCS-R). *Journal of the American Medical Association*, 289(23), 3095-3105
- Kessler, R.C., Chiu, W.T., Demler, O., & Walters, E (2005). Prevalence severity, and comorbidity of 12-month DSM-IV disorders in the National Comorbidity Survey Replication. *Archives of General Psychiatry*, 62, 617-627
- Barlow, D.H. (2002) *Anxiety and its disorders: The nature and treatment of anxiety and panic (2nd ed)*. New York: Guilford Press
- Borkovec, T.D., Abel, J.L., & Newman, H. (1995). Effects of psychotherapy on comorbid conditions in generalized anxiety disorder. *Journal of Consulting and Clinical Psychology*, 63, 479-483
- Brown, T.A., Antony, M.M., & Barlow, D.H. (1995). Diagnostic comorbidity in panic disorder: Effect on treatment outcome and course of comorbid diagnoses following treatment. *Journal of Consulting and Clinical Psychology*, 63, 408-418
- Brown, T.A., Chorpita, B.F., & Barlow, D.H. (1998). Structural relationship among dimensions of the DSM-IV anxiety and mood disorders and dimensions of negative affect, positive affect, and autonomic arousal. *Journal of Abnormal Psychology*, 107, 179-192
- Brown, T.A., Campbell, L.A., Lehman, C.L., Grisham, J.R., & Mancill, R.B. (2001). Current and lifetime comorbidity of the DSM-IV anxiety and mood disorders in a large clinical sample. *Journal of Abnormal Psychology*, 110, 49-58

- Brown, T.A. (2007). Temporal course and structural relationships among dimensions of temperament and DSM-IV anxiety and mood disorder constructs. *Journal of Abnormal Psychology, 116*, 313-328
- Brown, T.A., & Barlow, D.H. (2009). A proposal for a dimensional classification system based on the shared features of the DSM-IV anxiety and mood disorders: Implications for assessment and treatment. *Psychological Assessment, 21*(3), 256-271
- Craske, M.G., & Mystkowski, J.L. (2006) Exposure therapy and extinction: clinical studies. In M.G. Craske, D. Hermans, & D. Vansteenwegen (Eds), *Fear and learning: Basic science to clinical application* (pp.217-233). Washington, DC: APA Books
- Gross J.J., & Thompson, R.A. (2007). Emotion regulation: Conceptual foundations. In J.J. Gross (Ed), *Handbook of emotion regulation* (pp.3-24). New York, NY: Guilford Press
- Kasch, K.L., Rottenber, J., Arnow, B.A., & Gotlib , I.H. (2002). Behavioral activation and inhibition systems and the severity and course of depression. *Journal of abnormal Psychology, 111*, 589-597.
- Krueger, R.F., Watson, D., & Barlow, D.H. (2005). Introduction to the special section: Toward a dimensionally-based taxonomy of psychopathology. *Journal of Abnormal Psychology, 114*, 491-493
- Kring, A.M., & Sloan, D.M. (Eds.). (2010). Emotion regulation and psychopathology: *A transdiagnostic approach to etiology and treatment*. New York: Guilford Press.
- Monfils M.H, Cowansage, K.K, Klann, E., & LeDoux, J.E. (2009). Extinction-reconsolidation boundaries: key to persistent attenuation of fear memories. *Science, 324* (5929), 951-955
- Richards, J.M., & Cross, J.J. (2000). Emotion regulation and memory: The cognitive costs of keeping one's cool. *Journal of personality and Social Psychology, 79*, 410-424
- Tsao, J.C., Lewin, M.R., & Craske, M.G. (1998)
The effects of cognitive-behavior therapy for panic disorders on comorbid conditions. *Journal of Anxiety Disorders, 12*(4), 357-371
- Tsao, J.C., Mystkowski, J.L., & Zucker, B.G. (2002). Effects of cognitive-behavioral therapy for panic disorder on comorbid conditions: Replication and extension. *Behavior Therapy, 33* (4), 493-509
- Watson, D., Clark, L.A., & Carey, G. (1988). Positive and Negative Affectivity and their relation to anxiety and depressive disorders. *Journal of Abnormal Psychology, 97*, 346-353.